

Pumping Iron II: The Fallout!

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HOLLYWOOD

ARNOLD & MARIA

GOLD'S GOES
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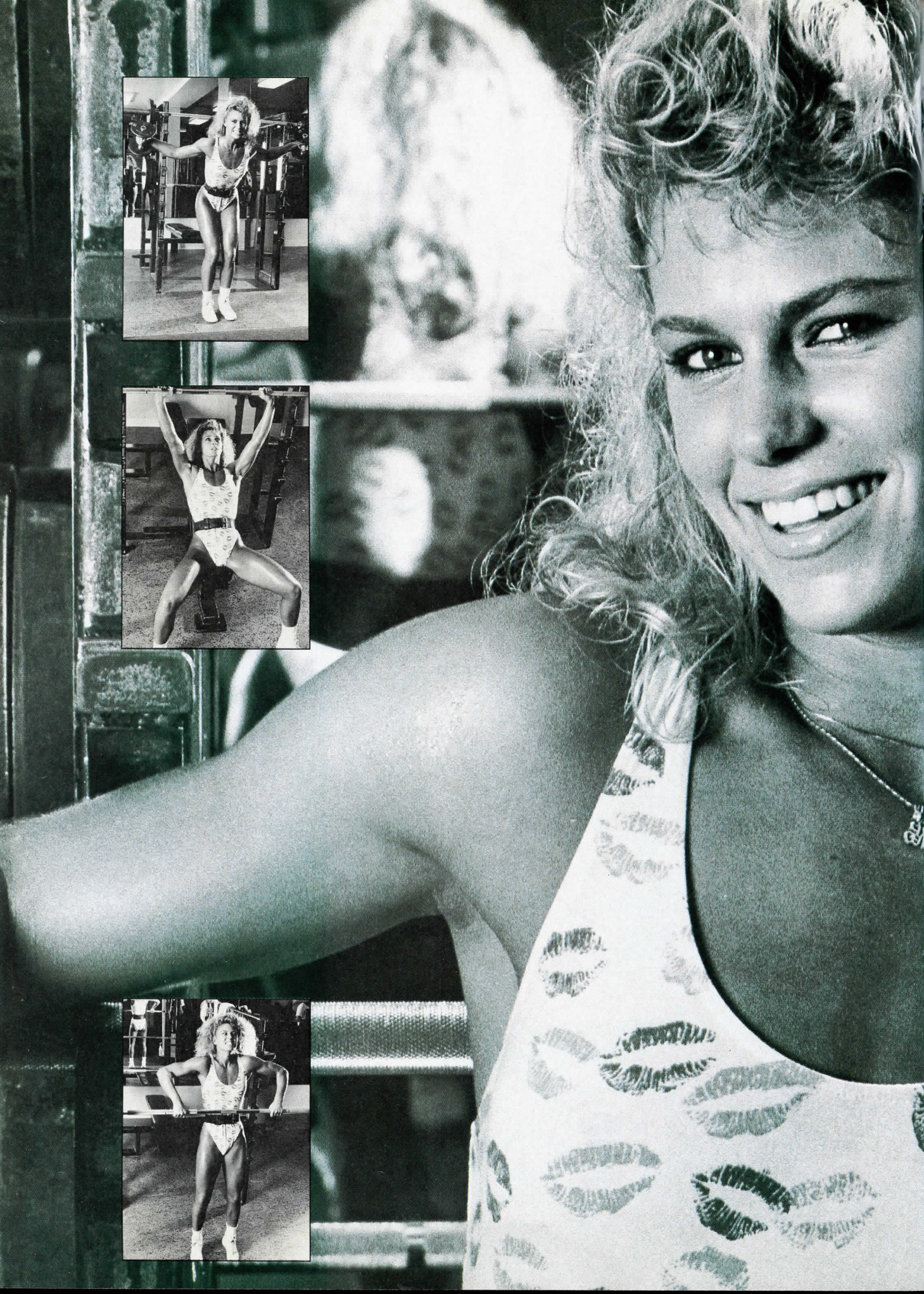
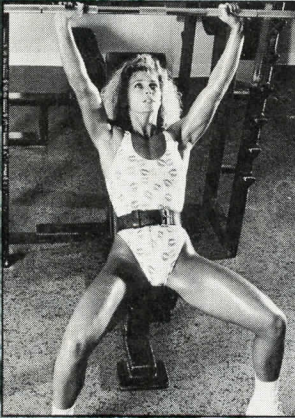
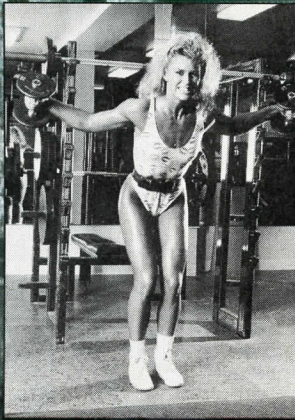
WHO'S
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NOT

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the Biology of People





Gea and Shawn

Two Fine Reps

Gea Johnson was a high school track star and one of the best basketball players in Arizona in 1983, but the state's spring athletics schedule made participating in both sports impossible. Forced to choose, Gea picked track. Her choice led quickly to a gold medal in international competition.

In 1985, she was a member of the United States team of elite athletes who competed in the International Sports Exchange track meet in China and Hong Kong, and she returned home as a gold medal winner in the hurdles and the long jump. Excellence in those two events might satisfy most athletes, but Gea is a champion heptathlete, an athletic province that requires mastery in seven events.

The heptathlon includes the 100-yard high hurdles, 200-yard dash, 800-meter run, javelin throw, shot put, long jump and high jump. She holds the nation's highest juniors score in the heptathlon and has been Arizona's heptathlon champion for the past two years. In 1985, she won the heptathlon championships at the prestigious track and field competition held annually on the campus of Mount San Antonio College in Walnut, California.

Representing Washington High School, in Phoenix, Gea also broke Arizona All-State Athlete records in the 100-meter hurdles and the long jump and was runner-up in the shot put and 300-yard hurdles. Her coach, Bruce Frankie, says she's "a super athlete who combines talent and hard work to earn what she accomplishes."

Before concentrating on track events, Gea played varsity basketball at Corona del



FLEX congratulates Gea Johnson and Shawn for their outstanding accomplishments in their fields.

Sol High School in Tempe, Arizona, and on the national team of the Basketball Congress International. At the same time, she was a member of the varsity volleyball team. In 1985, Gea was awarded the prestigious Dial Award for outstanding high school athletic performance.

Gea's academic performance matches her athletic achievement. Her scholastic record exceeds the 4.0 grade-point-average maximum — enrolled in the honors pro-

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Photography by Bruce Kennedy

When you have a body like Arnold's, movies take on an added realism, believability of character. When he performs those feats of filmic strength, the audience sighs, "I believe, I believe!"

And both have merchandised those muscles by using their minds. Stallone told me, "I believe in what Plato said: 'To be a fully developed man, you must build mind and body equally.'" Arnold came to this country speaking broken English. Within a few years, he'd put things together well enough to earn a degree in business and international economics from the University of Wisconsin.

"You have to know how to market yourself," Arnold says. "My degree in business really paved the way. On the other hand, I firmly believe that you must stay hungry. I feel that now I am at the Mr. Universe level in my life, but there is still the Mr. Olympia to go!"

And market himself he did! He rode his fame like John Wayne rode his horse. A lucrative mail-order business, real estate holdings, books, records, tapes, videocassettes, guest appearances on TV, seminars and even his own film production company, Oak Productions. No wonder he smiles a lot!

But knowing how to market his muscles is just a part of how he became successful. Arnold, like Stallone, is a perfectionist, a workaholic at his best. He expects perfection all the time and in his own words states emphatically, "If you can't give 100%, then get out of what you're doing."

Arnold's future centers around wanting to direct, produce and star in his future films. "I want it all," he says. Today, Arnold enjoys his hero image with his *Commando* persona. There's talk of a sequel, which means that *Commando* made enough money for all concerned, and everyone would like to try again, thanks. It's safe to say that Arnold's only Hollywood rival right now is (who else?) Stallone. Together, the Italian Stallion and the Austrian Oak have a world monopoly on strong-but-silent action roles.

To add a bit of irony to this story, that six-foot Danish model who costarred with Arnold in *Red Sonja* and who played the evil Drago's wife in *Rocky IV* is in real life Brigitte Nielsen — Mrs. Sylvester Stallone.

Today Arnold is a millionaire and a real estate mogul and a movie star. Soon he'll even be a *Kennedy*. Is it true what I've heard — that Stallone has got himself a New Wave-ish *Commando*-style haircut? Doesn't matter, Sly. *Nobody* will ever come close to our Arnold! ☐

GEA & SHAWN

(continued from page 57)

gram at Washington High School, Gea has already had two years of college-level French besides her high school instruction. She's a member of the National Honor Society, president of the senior class and a member of the speech team.

One of five children, Gea has two sisters — Mya, 17, and Tava, 9 — and two brothers, Thayne, 16, and Shay, 8. One year younger than Gea, Mya is also an outstanding athlete, and Thayne is on the rodeo circuit.

As beautiful as she is athletically talented, Gea was homecoming queen for

Washington High School in 1985. A successful commercial model, she was also voted Miss National Fitness last year. Held in Las Vegas, the contest included bodybuilders Mishay Santos (who took second place) and Deanna Panting. Come the fall, Gea plans to enroll in Stanford University.

Gea's success speaks well for the bodybuilding lifestyle. Look for her weight-training program in next month's issue.

Accompanying Gea Johnson on our cover is Shawn Ray, one of bodybuilding's fastest rising stars, winner of the 1985 Teen World Championships, held in Australia.

We at FLEX extend our congratulations to Gea and Shawn, two fine representatives of today's youth. ☐

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